

Mount Royal University Archives and Special Collections

Finding Aid - Violet Armstrong fonds (F0044)

Generated by Access to Memory (AtoM) 2.4.1 Printed: September 16, 2019

Language of description: English

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Violet Armstrong fonds

Table of contents

Summary information	3
Administrative history / Biographical sketch	3
Scope and content	3
Notes	4
Access points	4
Collection holdings	4
F0044-0243-01, Canadian & Canalta folk dances (1940-1944)	4
F0044-0243-02, Health & Recreation : leader's manual ([1940?])	5
F0044-0243-03, Health & Recreation : leader's manual, Alberta ([194-])	5
F0044-0243-04, Fundamental gymnastics and pyramid building photographs ([1938?]-[194-], 1995)	6
F0044-0243-05, 5BX plan for physical fitness (1961)	6
F0044-0243-06, X BX plan for physical fitness (1961)	7
F0044-0243-07, [List of people in] Picture of the first group selected and trained as leaders for Alberta's Health and Recreation Project under the Dominion - Provincial Youth Training Programme ([199-?])	7
F0044-0027-05, Group photograph ([ca. 1940])	8
F0044-0027-06, Newspaper clippings and memorabilia (1939-[194-], predominant 1939-1941)	8

Summary information

Repository:	Mount Royal University Archives and Special Collections
Title:	Violet Armstrong fonds
ID:	F0044
Date:	[1938?]-[1995?], predominant 1940-1944 (date of creation)
Physical description:	7.5 cm of textual records 88 photographs 2 pamphlets
Note [generalNote]:	The photograph linked to this description is a detail of a photograph of Violet Armstrong from file 0243-04.

Administrative history / Biographical sketch

Note

Violet Armstrong was a student from Taber, Alberta who attended Mount Royal College in the early 1940s as part of the Provincial Health and Recreation Youth Training Programme. She "taught youth leadership and recreation classes in communities around the southern region. In 1944 Vi moved to Berkley, California with her husband, Malcolm Taylor. There she worked in Richmond, California's Recreation Department as a youth programmer and counsellor, creating some of the city's first integrated sport and social programs."

Custodial history

Fonds was in the custody of Violet Armstrong's son Burke Taylor.

Scope and content

Fonds documents Armstrong's time as a student at Mount Royal College in the Provincial Health and Recreation Youth Training Programme. The objectives of the Programme was to promote physical health and develop "good citizenship". Fonds consists of leader's manuals, photographs, newspaper clippings, pamphlets, and correspondence.

Notes

Title notes

- **Source of title proper:** Title supplied based on provenance of fonds

Immediate source of acquisition

Donated by Burke Taylor on June 28, 2019.

Restrictions on access

There are no restrictions on access.

Other notes

- **Publication status:** Published
-

Access points

- Mount Royal University
 - Textual record (documentary form)
 - Graphic material (documentary form)
 - Education (subject)
 - Sports, recreation and leisure (subject)
 - Calgary (Alberta) (place)
-

Collection holdings

File: F0044-0243-01 - Canadian & Canalta folk dances

Title: Canadian & Canalta folk dances

ID: F0044-0243-01

Date: 1940-1944 (date of creation)

Scope and content:

File consists of correspondence, dance formation guides, and musical scores.

Physical description: 0.4 cm of textual records

Physical location: 4/1/5

Publication status:

Published

Access points:

- Textual record (documentary form)
-

Item: F0044-0243-02 - Health & Recreation : leader's manual

Title: Health & Recreation : leader's manual

ID: F0044-0243-02

Date: [1940?] (date of creation)

Scope and content:

Item is a manual prepared for leaders of the Provincial Health and Recreation Youth Training Programme. The first 10 pages of the manual are a section on social recreation from the Recreation Department of Richmond, California where Armstrong worked. Item includes notes and newspaper clippings.

Physical description: 3.5 cm of textual records (1 manual)

Physical location: 4/1/5

Publication status:

Published

Access points:

- Textual record (documentary form)
-

Item: F0044-0243-03 - Health & Recreation : leader's manual, Alberta

Title: Health & Recreation : leader's manual, Alberta

ID: F0044-0243-03

Date: [194-] (date of creation)

Scope and content:

Item is a manual created by the Health and Recreation Branch of the Province of Alberta to promote mental and physical health and to develop "good citizenship and the encouragement of cultural activities." Item includes notes and newspaper clippings.

Physical description: 3.3 cm of textual records (1 manual)

Physical location: 4/1/5

Publication status:

Published

Access points:

- Textual record (documentary form)
-

File: F0044-0243-04 - Fundamental gymnastics and pyramid building photographs

Title: Fundamental gymnastics and pyramid building photographs

ID: F0044-0243-04

Date: [1938?]-[194-], 1995 (date of creation)

Scope and content:

File consists of photographs mounted on album pages of students performing acrobatics and gymnastics, including human pyramids, group displays, and individual poses.

Physical description: 86 photographs : 85 b&w and 1 col. ; 13 x 18 cm or smaller

Physical location: 4/1/5

Publication status:

Published

Access points:

- Graphic material (documentary form)
-

Item: F0044-0243-05 - 5BX plan for physical fitness

Title: 5BX plan for physical fitness

Title [statRep]: Royal Canadian Air Force

ID: F0044-0243-05

Date: 1961 (publication) (date of creation)

Scope and content:

Item is a pamphlet originally designed for Royal Canadian Air Force male personnel as a guide to physical training to be used anywhere without the need for fitness facilities and equipment.

Physical description: 32 p. : ill. (some col.)

Physical location: 4/1/5

Publication status:

Published

Access points:

- Textual record (documentary form)
-

Item: F0044-0243-06 - X BX plan for physical fitness

Title: X BX plan for physical fitness

Title [statRep]: Royal Canadian Air Force

ID: F0044-0243-06

Date: 1961 (publication) (date of creation)

Scope and content:

Item is a fitness program pamphlet that was originally designed for Royal Canadian Air Force and Air Cadet female personnel and dependent children.

Physical description: 46 p. : ill.

Physical location: 4/1/5

Publication status:

Published

Access points:

- Textual record (documentary form)
-

Item: F0044-0243-07 - [List of people in] Picture of the first group selected and trained as leaders for Alberta's Health and Recreation Project under the Dominion - Provincial Youth Training Programme

Title: [List of people in] Picture of the first group selected and trained as leaders for Alberta's Health and Recreation Project under the Dominion - Provincial Youth Training Programme

ID: F0044-0243-07

Date: [199-?] (date of creation)

Physical description: 1 p.

Physical location: 4/1/5

Publication status:

Published

Access points:

- Textual record (documentary form)
-

Item: F0044-0027-05 - Group photograph

Title: Group photograph

ID: F0044-0027-05

Date: [ca. 1940] (date of creation)

Scope and content:

Item is a group portrait, likely of students from the Provincial Health and Recreation Youth Training Programme.

Physical description: 1 photograph : b&w ; 18 x 44 cm

Physical location: 2/8/2

Physical condition:

Photograph has had the borders cut off, but these were retained because they contain names of persons in the photograph.

Publication status:

Published

Access points:

- Graphic material (documentary form)
-

File: F0044-0027-06 - Newspaper clippings and memorabilia

Title: Newspaper clippings and memorabilia

ID: F0044-0027-06

Date: 1939-[194-], predominant 1939-1941 (date of creation)

Scope and content:

File documents the promotion of the Dominion - Provincial Youth Training Programme, and Armstrong's activities as a leader in the organization. File consists of newspaper clippings, correspondence, a district demonstration schedule, photograph, and a ribbon.

Physical description: 0.3 cm of textual records

1 photograph : b&w ; 9 x 14 cm

Physical location: 2/8/2

Publication status:

Published

Access points:

- Textual record (documentary form)
 - Graphic material (documentary form)
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